

## National Stuttering Association

“Changing the lives of people who stutter”

If you are the parent or family member of a child who stutters, you may have questions about what to do for your child. *The National Stuttering Association is here to help!*

This brochure describes just a few of our many helpful outreach programs for pre-schoolers, school-age children, and teenagers who stutter—and their families!

As you read this information, remember that there is so much that can be done to help children who stutter. Even if your child has not experienced success in the past, **there is still hope for the future.**

Through the NSA, countless children and adults who stutter have improved their speech and overall communication, reduced their concerns about stuttering, and found that they can do anything they want to do!

If you don't find what you are looking for, go to our website ([www.WeStutter.org](http://www.WeStutter.org)) and try our “Ask the Expert” section. Submit your questions directly to the NSA's team of stuttering specialists and leaders in the stuttering support community. Together, we can help you help you help your child who stutters.



## Some Highlights from the History of the National Stuttering Association

Founded in 1977, the NSA has become the largest self-help/support organization in the United States for people who stutter. Throughout our history, we have worked to improve the lives of people who stutter. For example, the NSA was instrumental in securing a Presidential Proclamation establishing the second week of May each year as *National Stuttering Awareness Week*.

Later, the NSA named 1996 “the *Year of the Child Who Stutters*” and hosted workshops nationwide to help young people who stutter. In 2001, we held the first joint symposium for scientists and people who stutter, aimed at advancing stuttering research and treatment.

In 2005, we launched our **NSAKids** initiative to help children who stutter and their families, with local chapters, dedicated publications, and a new level of personal support.

Our history shows our commitment to people affected by stuttering and proves the success of our mission, our programs, and our message of **hope, dignity, support, education and empowerment** for people who stutter and their families. *If you stutter, you're not alone!*

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### National Stuttering Association

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**Please support the NSA with your time and tax-deductible donations.**

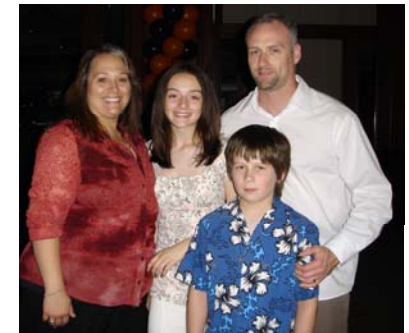
The National Stuttering Association is a 501(c)(3) nonprofit organization. Since 1977, we have dedicated ourselves to providing hope, dignity, support, education, and empowerment to children and adults who stutter, their families, and the professional community.

## 18 Ways the National Stuttering Association Can Help You Help Your Child

### Do you ask yourself:

- Does my child stutter?
- Will my child do well in school?
- How should I handle the reactions of other people?
- Can I afford therapy?
- Where do I get more information?
- How do I help my child feel good about himself or herself?

**The National Stuttering Association (NSA) is here to help you answer these and other questions!**



  
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### **1. NEW—NSAKids and TWST Groups**

As part of our new **NSAKids** initiative, the NSA has recently started building local support chapters for children, teens, and their families. **NSAKids** groups are specifically designed for young children and their parents, while **TWST** (Teens **Who** **ST**utter) groups are perfect for teenagers. Joining these groups can help you and your child see that you're not alone in dealing with stuttering.

### **2. NSA Youth and Family Days**

NSA Youth and Family Days bring together children who stutter, their parents, and specialists in the treatment of stuttering for a full day of sharing, encouragement, support, and fun. These life-changing events give you a taste of what it is like to attend an NSA National Conference (see #18).

### **3. Helpful information for parents of pre-school children who stutter**

The NSA's 60-page booklet, **Young Children Who Stutter: Information and Support for Parents**, explains the early signs of stuttering, describes what to expect in therapy, and explains how parents can help at home. It also provides the support you need to be a helpful partner in therapy. Order your copy today!

### **4. The latest developments in treatment**

The NSA has partnered with leading stuttering specialists from around the country to provide the most up-to-date information about new treatments for children who stutter.

### **5. Stay Connected**

Online chats and regular website updates keep you in touch with your NSA family.

*For even more helpful ideas,  
call us at 800 We Stutter  
or go to [www.WeStutter.org](http://www.WeStutter.org)*

### **6. "Our Voice" Newsletter for teens**

A special section of our bi-monthly newsletter, *Letting Go*, written especially for teens by teens.

### **7. The Latest In Stuttering Research**

The NSA's Research Committee keeps you informed about developments in research to help you decide what's best for your child.

### **8. "Stutter Buddies" newsletter just for school-age children who stutter**

School-age children can learn how to cope with their stuttering from each other—and from our cool *Stutter Buddies* characters.

### **9. Information for Educators**

Help your child's classroom teacher learn how to help your child at school with our informative brochure for educators.

### **10. Referral suggestions**

Because of our close partnerships with leading speech-language pathologists around the country, the NSA can help put you in touch with a stuttering specialist in your area.

### **11. "CARE" newsletter just for parents of children who stutter**

*Connections, Advocacy, Resources, and Education!* Written specifically for parents of children who stutter by stuttering specialists and leaders in the stuttering community. This is the only newsletter dedicated to addressing parents' concerns.

### **12. Parent support chain**

Meet other parents who understand the challenges of being the parent of a child who stutters. Help your child as you help yourself!

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### **13. Secure and supervised interactions!**

The NSA maintains a "**SAFE ENVIRONMENT**" policy to protect all our children at NSA events.

### **14. Put a Stop to Bullying and Teasing**

The NSA's 100-page booklet, **Bullying and Teasing: Helping Children Who Stutter** helps everybody in the child's environment learn and use proven strategies for eliminating bullying.

### **15. Ask the Expert!**

Call **800 We Stutter** or send an email to [AskTheExpert@WeStutter.org](mailto:AskTheExpert@WeStutter.org) to get direct answers to your questions about stuttering.

### **16. Information at your fingertips**

The NSA's website ([www.WeStutter.org](http://www.WeStutter.org)) is filled with helpful information about stuttering, including advice from parents of children who stutter, guidance from professionals, and inspirational stories from people who have not let stuttering hold them back.

### **17. Advocate for your child**

The NSA is frequently cited in news articles and television programs involving stuttering. Because of our national prominence, you can find a voice for advocating for the needs of people who stutter.

### **18. NSA Annual Conference**

Our 3-day Conference is the best way to help people overcome the challenge of stuttering. Activities, motivational speakers, support from others who stutter, the latest research, and much, much more!

***For all these and other benefits,  
join the NSA today!***