

National Stuttering Association

“Changing the lives of people who stutter”

The NSA helps children and adults who stutter—and their families—through numerous outreach programs. Examples include:

Annual Conference! Our 3-day Conference is the **best** way to help people overcome the challenge of stuttering. Activities, motivational speakers, support from others who stutter, the latest research, and much, much more!

Local Chapters. Providing encouragement and support for people who stutter for nearly 30 years! We have more than 80 local chapters for adults who stutter nationwide, and a growing number of chapters for families and children (NSAKids groups) and teens (TWST groups). **If you stutter, you're not alone.**

Newsletters. The NSA publishes several helpful newsletters targeted to specific needs:

- **Letting GO** for adults who stutter
- **Our Voice** for teens who stutter
- **Stutter Buddies** for school-age children
- **CARE** (*Connection, Advocacy, Resources, and Education*) for parents

Workshops and Continuing Education (CE) Seminars. The NSA provides the latest information about stuttering treatment and research for people who stutter *and* speech-language pathologists through nationwide workshops, ASHA-approved CE presentations, our partnership with OnlineCEUs.com.



Telephone and Email “Hotlines.” Call us at **800 We Stutter** or send an email to **info@WeStutter.org** to have your questions about stuttering answered by top experts.

For more information, check out our website!
www.WeStutter.org

Some Highlights from the History of the National Stuttering Association

Founded in 1977, the NSA has become the largest self-help/support organization in the United States for people who stutter. Throughout our history, we have worked to improve the lives of people who stutter. For example, the NSA was instrumental in securing a Presidential Proclamation establishing the second week of May each year as *National Stuttering Awareness Week*.

Later, the NSA named 1996 “the *Year of the Child Who Stutters*” and hosted workshops nationwide to help young people who stutter. In 2001, we held the first joint symposium for scientists and people who stutter, aimed at advancing stuttering research and treatment.

In 2005, we launched our **NSAKids** initiative to help children who stutter and their families, with local chapters, dedicated publications, and a new level of personal support.

Our history shows our commitment to people affected by stuttering and proves the success of our mission, our programs, and our message of **hope, dignity, support, education and empowerment** for people who stutter and their families. *If you stutter, you're not alone!*

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National Stuttering Association

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**Please support the NSA with your time
and tax-deductible donations.**

The National Stuttering Association is a 501(c)(3) nonprofit organization. Since 1977, we have dedicated ourselves to providing hope, dignity, support, education, and empowerment to children and adults who stutter, their families, and the professional community.

Stuttering: So Much Can Be Done

Have you ever wondered if there is anything you can do about stuttering?

There is!

Through the National Stuttering Association, thousands of people who stutter have achieved:

- *Career advancements*
- *Improved communication*
- *An enhanced social life*
- *Better family relationships*
- *Greater self-confidence*
- *Leadership roles*

...and much more

And you can too!

Look inside to learn some of the many ways the NSA can help you cope more effectively with your stuttering.



**National
Stuttering
Association**
Changing the lives of people who stutter

The NSA Can Help You Change Your Life For the Better

Meet others who understand what it's like to live with stuttering.

Attend a local chapter meeting, workshop, or our life-changing annual conference. Or, join one of our online chat groups. Meeting other members of the National Stuttering Association will help you see that ***if you stutter, you're not alone.***

Learn more about stuttering and what you can do about it.

The more you understand stuttering, the better you will be able to cope with it. The NSA brings together the knowledge of countless people who stutter. And, the NSA has partnered with leading stuttering specialists and researchers to provide the most up-to-date information about research and treatment. The more you know, the more you can do to help yourself.

Learn about new treatment options and get advice from people who have tried them.

The NSA does not endorse any specific treatment. Still, we know that many people are interested in learning more about the treatment options that are available. Through our website and newsletters, we seek to provide you with the facts about treatment so you can decide for yourself.

Also, many NSA members have participated in various treatment programs. Learning from their experiences can help you make good decisions for your own life.

The opportunities to learn from others who stutter are endless...

Stay connected.

The NSA helps you stay connected with other people who stutter through our online resources and our newsletters.

Get answers to your questions.

Have a question about stuttering? Call our hotline at **800 We Stutter** (937-8888) or email **AskTheExpert@WeStutter.org** for answers from top researchers and leaders in the stuttering community.

Deal with challenging situations.

Have a job interview coming up? What about handling communication at work or in social situations? NSA members have been there, and we have collected their knowledge and experience into informative booklets and pamphlets to help you. For a complete list, go to **www.WeStutter.org**.



So Much Can Be Done... and with the NSA's help, **YOU CAN DO IT!**

Do the things you never thought you could do!

Countless NSA members have found themselves doing things they never thought they could do, like talking on the phone, speaking freely with friends and family—and even strangers, giving presentations and speeches, taking leadership roles at work, becoming more accepting of themselves and their stuttering, and simply enjoying more in their lives.

With the support and encouragement of your friends at the National Stuttering Association, you can, too!

The **National Stuttering Association** is dedicated to providing hope, empowerment, and support for people who stutter and their families.

By joining the NSA, you become part of a growing community of people who understand stuttering and the needs of people who stutter. The greatest gift you can give yourself is the knowledge that you are not alone in dealing with stuttering!

For more information about the NSA, call us at **(800) We Stutter** and check out our website at **www.WeStutter.org**.

*And, start planning NOW to attend the next NSA Annual Conference!
It can help you change your life.*